

# St. Louis School

## G.E. lesson : Career Web Pages (Knowing yourself)

Class : F3\_\_\_\_ Name : \_\_\_\_\_( )

There are a great number of assessment methods to help you know yourself more though their effectiveness on different persons varies. We are going to introduce to you a simpler and easier method for increasing self-knowledge in the aspects of your **interests, abilities, character, qualifications and expectations.**

### Knowing Yourself : Interest

Interests are the things that you enjoy doing irrespective of the material benefits from them. If you feel interested in your job, you will be more motivated to work hard. You may try to get an idea about your feelings and attitudes about different kinds of work through the following aptitude test.

#### Career Interest Assessment

(1)	This assessment test is divided into three parts each of which contains 12 questions. Choose the most appropriate number on the scales indicating degrees of fondness and perception on your own abilities.
(2)	After answering all questions, please write down the mark of each question in the appropriate blank in the tables below and sum up the total. Your career interests lie on the occupation category from which you obtain the highest marks.

### First Part

	The following are common school or extra-curricular activities listed by students in Hong Kong. Do you enjoy them? (Please circle the most appropriate number)	Dislike very much	Dislike	Enjoy	Enjoy very much
1.	Attend science class	1	2	3	4
2.	Listen to music	1	2	3	4
3.	Make new friends	1	2	3	4
4.	Learn about computer installation and maintenance	1	2	3	4
5.	Singing	1	2	3	4
6.	Conciliate disputes (調解爭論) among classmates	1	2	3	4
7.	Lead other classmates to organise class activities	1	2	3	4
8.	Keep small pets	1	2	3	4
9.	Make models	1	2	3	4
10.	Carry out scientific experiments	1	2	3	4
11.	Collect models (e.g. cars, aircraft models) or coins	1	2	3	4
12.	Devise (策劃) and implement (執行) plans to promote extra-curricular activities	1	2	3	4

### Second Part

	If you are asked to engage in the following activities, would you do better or worse than your classmates? (Please circle the most appropriate number)	Dislike very much	Dislike	Enjoy	Enjoy very much
13.	Listen to your friends' problems and comfort them	1	2	3	4
14.	Learn to repair electrical appliances (e.g. television, radio)	1	2	3	4
15.	Play a musical instrument (e.g. piano, flute, guitar)	1	2	3	4
16.	Sort out statistical data and draw charts	1	2	3	4
17.	Comprehend (理解) television programmes on scientific subjects	1	2	3	4
18.	Drawing (including comics)	1	2	3	4
19.	Talk with others to enhance your understanding of them	1	2	3	4
20.	Recruit new members of a school club	1	2	3	4
21.	Play "street-fighters" type of electronic games	1	2	3	4
22.	Study astronomical (天文的) information	1	2	3	4
23.	Promote a new school club	1	2	3	4
24.	Calculate the quantity of food, drinks and other resources required in a club activity	1	2	3	4

### Third Part

Interests in Jobs Commonly Found in Hong Kong					
The following are various types of jobs. Would you enjoy working in the posts? Please assume that the salary and benefits are the same for all of the following posts because what we are now assessing is only your interests in these jobs. (Please circle the most appropriate number)		Dislike very much	Dislike	Enjoy	Enjoy very much
25.	Bus driver	1	2	3	4
26.	Composer (作曲家)	1	2	3	4
27.	Bank teller	1	2	3	4
28.	Archaeologist (考古學家) who studies the buried remains (埋葬物品) of ancient times	1	2	3	4
29.	Manager of a "Four-star" hotel	1	2	3	4
30.	Account clerk	1	2	3	4
31.	Aircraft maintenance technician	1	2	3	4
32.	Playwright (劇作家)	1	2	3	4
33.	School social worker	1	2	3	4
34.	Supervisor of a child care centre	1	2	3	4
35.	Meteorological analyst (氣象學的分析員) in an observatory (天文學)	1	2	3	4
36.	Manager of a fast food chain	1	2	3	4

## Holland's Theory

John Holland was a psychologist who devoted his professional life to researching issues related to career choice and satisfaction. He developed a well-known theory, and designed several assessments and supporting materials to assist people in making suitable career choices. His theory and assessment tools have helped millions of people worldwide and are supported by hundreds of research studies. Holland believed that people could be categorized into 6 personality types. They can be visually represented by a hexagonal model as shown in figure (1). The types closest to each other on the hexagon have the most characteristics in common. Those types that are furthest apart, i.e., opposites on the hexagon, have the least in common.

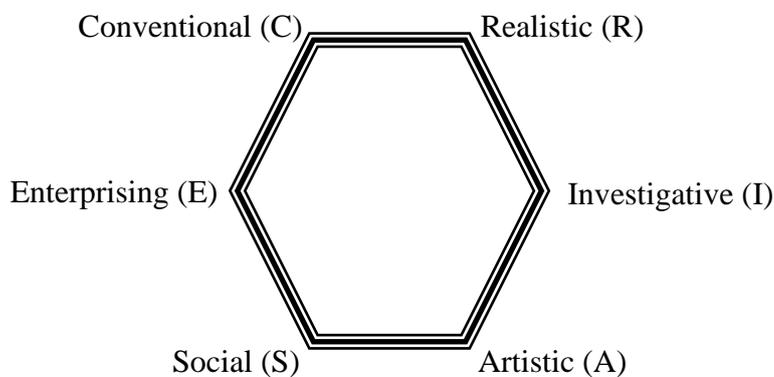


Figure (1)

### **Realistic** 現實的

Realistic students generally do well in Mathematics. They are active, stable, and enjoy hands-on or manual activities such as doing Mathematics and experiments. They prefer to work with things rather than ideas and people. Most of them prepare themselves to study Civil Engineering, Electrical Engineering and Radiography.

### **Investigative** 研究性的

Investigative students have a fairly good academic achievement but lack leadership and persuasive skills. They are analytical, intellectual and enjoy research, mathematical or scientific activities.

Students who fall into this category enjoy using logic and solving highly complex, abstract problems.

Most of them are interested in studying Pure Science, Building Survey and Dentistry.

**Artistic** 美術的

Artistic students are intuitive and imaginative, and enjoy creative activities such as playing music, drawing or painting, and acting in or directing stage productions. They seek opportunities for self-expression through artistic creation. Students show their interest in studying Public Relation & Communication in Baptist University and performing Art in other institutes.

**Social** 喜歡交際的

Social students are good in learning and have excellent memory power. Students are humanistic, responsible and concerned with the welfare of others. They enjoy participating in group activities and helping, training, caring for, counseling or developing others. They are generally focused on human relationships, and enjoy social activities and solving interpersonal problems. Most students are interested in studying Medicine and like to become a social worker.

**Enterprising** 富進取心的

Enterprising students are energetic, ambitious, adventurous, sociable and self-confident. They enjoy activities that require them to persuade others, such as sales, and seek out leadership roles. Their mission is quite clear, studying Economics, Finance and Business & Administration in university.

**Conventional** 傳統的

Conventional students are less competent in studying but good in repetitive work. They are efficient, careful and conscientious. They are comfortable working within an established chain of command and prefer carrying out well-defined instructions over assuming leadership roles. Most of them desire to study Accounting, Information Technology or Translation in University.

## Calculating Result

The six alphabets represent six different job categories. To calculate the marks for each category, please write down the marks of each question in the appropriate blank and sum up the total.

R	
Question	Marks
4	
9	
14	
21	
25	
31	
<b>Total</b>	

I	
Question	Marks
1	
10	
17	
22	
28	
35	
<b>Total</b>	

A	
Question	Marks
2	
5	
15	
18	
26	
32	
<b>Total</b>	

S	
Question	Marks
3	
6	
13	
19	
33	
34	
<b>Total</b>	

E	
Question	Marks
7	
12	
20	
23	
29	
36	
<b>Total</b>	

C	
Question	Marks
8	
11	
16	
24	
27	
30	
<b>Total</b>	

**R** = Realistic occupations  
**I** = Investigative occupations  
**A** = Artistic occupations  
**S** = Social occupations  
**E** = Enterprising occupations  
**C** = Conventional occupations

### Reference :

- (1) Labour Department (<http://www.careers.labour.gov.hk>)
- (2) Career Key ([http://www.careerkey.org/asp/your\\_personality/hollands\\_theory\\_of\\_career\\_choice.asp](http://www.careerkey.org/asp/your_personality/hollands_theory_of_career_choice.asp))
- (3) Richard S. Sharf. Applying Career Development Theory to Counselling (Third Edition)
- (4) John C. Smart, Ph.D. An Alternative Application of Holland's Theory and Its Implications for Career Counseling in College Settings

**Internet careers source :** <http://www.careertimes.com.hk>